



## Study of public health hygiene of Gugjer community of Jammu and Kashmir a case study of district Pulwama: A review

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### ABSTRACT

Public health, the art and science of preventing disease, prolonging life, and promoting physical and mental health, sanitation, personal hygiene, control of infectious diseases, and organization of health services. Comparable terms for public health medicine are social medicine and Gugjer community medicine; the latter has been widely adopted in the United Kingdom, and the practitioners are called Gugjer community physicians. The practice of public health draws heavily on medical science and philosophy and concentrates especially on manipulating and controlling the environment for the benefit of the public. It may be viewed as a specialized part of public health medicine since its aim is to reduce the risks in the environment in which persons work.



### KEYWORDS

Public health, hygiene, Gugjer community, Jammu and Kashmir, medicines, sanitization

### INTRODUCTION

Various public health agencies have been established to help control and monitor disease within societies, on both national and international levels. For example, the United Kingdom's Public Health Act of 1848 established a special public health ministry for England and Wales. In the United States, public health is studied and coordinated on a national level by the Centers for Disease Control and Prevention (CDC). Internationally, the World Health Organization (WHO) plays an equivalent role. WHO is especially important in providing assistance for the implementation of organizational and administrative methods of handling problems associated with health and disease in less-developed countries worldwide. Within these countries, health