



A sociological study on health and illness patterns in Kashmir: A review

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ABSTRACT

Health is a fundamental human right and is central to the concept of quality of life. Health care is a programme of services that should make available all facilities of healthcare and allied services necessary to promote and maintain the health of people. The contribution of health care institutions in the health care of an area can be assessed by its different components viz., number of doctors, availability of beds, infrastructure, paramedical staff, technical facilities etc. In India health care system is paralyzed because it has to face serious crises in cost, quality of care and equitable distribution of modes and standard services to the population as a whole. The idea of the social construction of the illness experience is based on the concept of reality as a social construction. In other words, there is no objective reality independent of our own perceptions of it. The social construction of the illness experience deals with such issues as the way some patients control the manner in which they reveal their disease and the lifestyle adaptations patients develop to cope with their illnesses.



KEYWORDS

Sociological study, health, illness, Jammu and Kashmir, sanitization

INTRODUCTION

The contribution of health care institutions in the health care of an area can be assessed by its different components viz., number of doctors, availability of beds, infrastructure, paramedical staff, technical facilities etc. In India health care system is paralyzed because it has to face serious crises in cost, quality of care and equitable distribution of modes and standard services to the population as a whole. The distribution of health care services and modern health facilities is highly centralized about 75 percent of Indian population resides in rural areas, only 11 percent physicians practice in these areas. Health care, being an integral part of socio-economic conditions, has a major role in the prevention of diseases and promotion of health. Regional